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(54) Title: COMPOSITION CONTAINING CREATINE AND PHOSPHORUS

(57) Abstract: The invention discloses a composition comprising (a) soluble creatine, (b) a phosphorus supplement, wherein the phosphorus supplement provides at least 75 % of the recommended daily dose of phosphorus value per serving, and (c) a blood buffer, which is preferably citrate and/or (bi)carbonate. The composition is used in a method for increasing the energy capacity within tissue cells.

INTERNATIONAL SEARCH REPORT

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B. FIELDS SEARCHED

Minimum documentation searched (classification system followed by classification symbols)
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Documentation searched other than minimum documentation to the extent that such documents are included in the fields searched

Electronic data base consulted during the international search (name of data base and, where practical, search terms used)

EPO-Internal, WPI Data, PAJ, FSTA, BIOSIS

C. DOCUMENTS CONSIDERED TO BE RELEVANT

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| A | GB 993 125 A (CFMC) 26 May 1965 (1965-05-26) claims 1-3; example 1 --- | 1-21 |

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